
Contra Costa County Health Pathways e-Mentoring Pilot



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Welcome to the E-Mentoring Program!

The purpose of this program is to connect young people interested in Health Careers with supportive, caring adults in the health care profession.

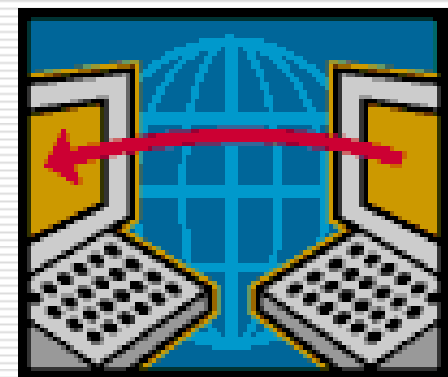


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The Website

The e-Mentoring website provides all the information you will need to make the e-Mentoring experience a great one.

You will find contact information, student syllabi, forms, a breakdown of the six week curriculum, and more.



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The Role of a Mentor

men·tor (noun)- a wise and trusted teacher.

The mentor's role in this program involves:

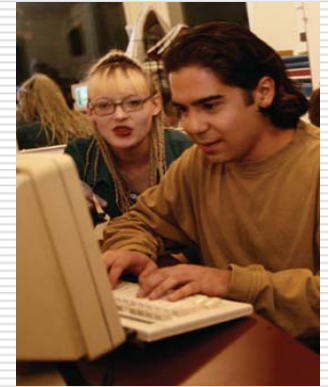
- Establishing purposeful connections with young people interested in the career field
- Providing them with information about the workplace
- Helping them better understand career transitions from secondary to post-secondary education, training and jobs.



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Tips for Mentors!

- Get to know your “mentee”
- Be patient and organized
- Be reliable. Communicate with them every week.
- Try to understand your mentee’s viewpoint
- Coach; Offer Options; Probe
- Offer career advice when necessary (never personal advice)
- Be willing to direct the mentee to areas that match their career interests and abilities
- Be supportive of creative ideas from the mentee
- Show an honest interest in the mentee
- Help identify opportunities for the mentee



Website Overview

On the left side of the e-Mentoring Website you will find a variety of links which will help make this experience a great one for you and your student mentee.

- The (insert “Home Button ” link here) will take you back to the E-Mentoring home page if at any point in your visit you wish to return.
- If you wish to (insert “Contact Us” link here), this link will give you contact information for (whoever they link).
- You will also find a list of our (insert “Partners” link here) here.
- The (insert “Rules and Regulations” link here) button will provide you with a description of our program guidelines.
- Every (insert “Form” link here) you will need can be found by clicking here.
- The (insert “6-week Curriculum” link here) button will offer you a detailed description of the 6-week program layout.
- The (insert “HSOA” link here) button will make available information about the Health Occupations Students of America (HSOA).
- Clicking the (insert “Mentor Guide” link) options will link you to a guide which will help you in becoming a more effective mentor.
- You’ve probably already clicked on the (insert “Mentor Training” link here) link because you are viewing this website!



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The Mentor Role

- Mentors will initiate the weekly e-mails (Duration is six weeks)
- Use the weekly curriculum (See Business Guide) and stick to the subject topic as a basis for the weekly emails
- Student mentees should respond to your e-mails within 24-48 hours
- E-mail time commitment need not exceed 30 minutes per week
- Value the student mentee as a person
- Develop mutual trust and respect



Conclusion

- ❑ Remember, the purpose of the mentor relationship is to promote the mentee's professional growth.
- ❑ Finally, mentors should assure the interactions with student mentees comply with ethical and professional standards.
- ❑ If you are concerned about any communications you receive from your student, be sure to contact your e-Mentor Program Coordinator immediately.



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